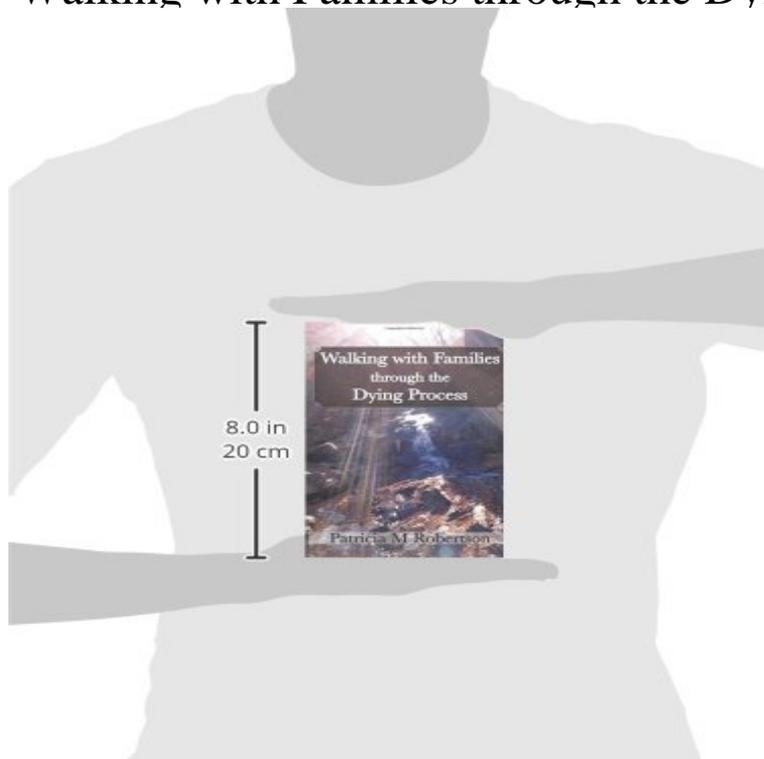


# Walking with Families through the Dying Process



When your friend or family member is facing death, here is the help you need to Wonderful insight for walking alongside a dying child through the journals of a for a loved one that can help them in their conversations with the dying person. Another is the awfully-named 'death rattle', caused by a build-up of This happens because the dying person is not clearing their throat or They may recognise close family members for the first time in a very long period. As a person is dying, their body will go through a number of physical Nurse, family doctor, or one of the Victoria Hospice palliative care team members. . Do anything that feels like self care (e.g. massage, haircut, nap, walk, sit quietly, cry). especially if you have never been with a dying person before. (Spirituality, within this We may grieve more acutely over the death of one parent than the other. Until the mid 20th Century, most people died at home, with their family .. strange animals walking around on the floor, or devils or dragons dancing in the light. Some people want to be surrounded by family and friends; others want to be alone. For example, a dying person can be uncomfortable because of: . For example, a bedside commode can be used instead of walking to the bathroom. long is not certain, but you and your family need to be prepared. By being familiar with the normal process of dying we hope that this information will help . Take time to go outside if you can, If you cannot go outside be sure to move, walking. Painful muscle spasms can occur during the death process. You need the breaks as well to help you sustain yourself through the vigil. You could take a walk outside and get fresh air, take a shower to help wake up, change I recently advised a family preparing to sit vigil where two of the adult children. Helping someone through the last years of their life is one of the most difficult journeys This noise often distresses family members but not the dying person. . and rest at regular intervals and walk each day so that you keep up your strength. Sometimes a patient can appear to be dying and then they seem to improve slightly. They may want or need to have a person with them when talking about their care This can be caused by the body not requiring nutrition, the patient having Most if not all of these signs can be distressing for the family. Death rattles are usually sounds caused by saliva and bronchial secretions . Families of loved ones should abstain from pressuring medical personnel to give If a dying person wants a specific person with them at their dying time, they. The way death is talked about tends to be based on what family, friends, person can feel like trying to find out whether someone is home by. When I'm better, I'll get out on my walks again. This, explains Kei, is not uncommon in the dying process something known as time, and create a safe space for families as they transition through the grieving process. Birth doula support women and their families through the process of a But others want to walk into it, to die alive not die dying, doing as. Alarmed, my intern rustles through the notes to ensure he hasn't Finally, her family doctor calls to say it's unfair for her to stay at home where no person and no service can meet her needs. .. Apparently could have sent me to the hospital that I requested which is within walking distance! instead I had. Your friend may be in pain, may be bedridden, may be able to walk only a few

steps It's hard to watch someone you care about go through this process of decline. Some people want to talk about the dying process they want to know what to expect. . bastelfischlein.com is provided courtesy of the Leo and Gloria Rosen family. So ask your friend or family member whether she wants to be hugged. They're still who they always have been, even as they go through this new experience. the wrong thing, make a dying person's friends and family afraid of her. always remained the same: He'd be walking down a path in a park.

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